

### About these worksheets

This folder contains worksheet files to support Time & Scale in different session formats.

Included files:

#### A0 printable worksheet

This version is designed for in-person HIT Sessions and should be printed at A0 size.

The worksheet has been designed in black and white to keep printing practical and cost-effective. If you are using an external printer, it may be worth looking at companies that offer large-format monochrome plan printing for engineers and architects. These services often provide economical printing options.

#### Digital whiteboard background

This image can be used as a background on a digital whiteboard for online sessions. You can also use it as a template to recreate the same layout in your whiteboard tool of choice.

#### A4 editable PDF

This version is included for quick use when working individually or in a small group. To use the editable fields you may need to open the file in Adobe Acrobat Reader.

#### Notes

Choose the format that best fits your session type, team size and working environment.

If you are running a wider HIT Session, refer to the agenda and broader session guidance for advice on how to use the worksheet alongside other tools.

#### Feedback

We would be very pleased to hear how these worksheet resources work in practice. If you have feedback, suggestions or improvements, email us at [contact@triz.co.uk](mailto:contact@triz.co.uk)